

Anesthesia Post-operative Instructions

- 1) Go directly home and remain there for the rest of the day.
- 2) Do not attempt to perform any strenuous work or type of activity for the rest of the day.
- 3) Remain with a responsible adult until you are fully alert.
- 4) Do not attempt any business transactions or enter into any contracts which require decision making or mental acuity for the rest of the day.
- 5) Do not attempt to eat a heavy meal until fully alert. If you are hungry, a light meal is advisable.
- 6) If you feel nauseated, lie down or drink a sugar containing carbonated beverage. If the nausea does not subside please contact Dr. Merguerian for further instruction.
- 7) Do not drive a motor vehicle, operate any machinery, or perform any other hazardous tasks for the remainder of the day.
- 8) Do not drink any alcoholic beverages for the rest of the day.
- 9) Take the following medications as prescribed:

Please do not hesitate to call our office with any questions or if you experience any unusual problems. In emergency situations, Dr. Merguerian can be reached at the office at 410-235-1233 or after hours at 732-773-5055.